



Nordic Council
of Ministers

True or false

Earth Overshoot Day is the day when most people were shot.

1. True or false



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False

In 2020, the natural resources that our earth can renew annually were used up on 22 August. This is known as "Earth Overshoot Day". This example shows that we are overexploiting the natural resources of our earth without thinking of future generations.

1. True or false



True or false

In 2020, over 6 billion tonnes of raw materials were used worldwide.

2. True or false



True

Since 2010, the material footprint has remained relatively stable and was 6.1 billion tonnes in 2020. However, this is double the amount that was used 30 years ago.

2. True or false



True or false

Organic food is always sustainable!

3. True or false



False

"Sustainable" and "organic" are distinct terms often used interchangeably. "Sustainable" food production considers economic, social, and environmental aspects to preserve resources and human health for the future. "Organic" refers to certain aspects of production and storage, including restrictions on synthetic pesticides and fertilizers. "Sustainability" encompasses broader considerations such as economic and social factors.

3. True or false



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True or false

An average of 2,495 liters of water is used to make a 250-gram cotton T-shirt.

4. True or false



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True

Textile industry consumes a lot of water annually.

4. True or false



True or false

There are 300 million more mobile phones than people in the world.

5. True or false



True

1.4 billion mobile phones are produced each year. This is why it is important to know how to recycle our old devices.

5. True or false



True or false

Every year, 10,000 square kilometers of tropical rainforest are cut down - for wood, paper, oil palm or soybean plantations, cattle pasture or for the exploitation of mineral resources such as iron ore, gold, oil or gas or for the construction of large dams.

6. True or false



True

Only a third of tropical rain forest still remains, the rest has been cut down and repurposed.

6. True or false



True or false

The use of renewable resources is always sustainable.

7. True or false



False

Our resource consumption is many times higher than what would be sustainable. This applies to both non-renewable resources (e.g. phosphate as fertiliser for agriculture) and renewable resources (e.g. wood). Therefore, even the use of renewable resources is not necessarily sustainable. This is only the case if no more is deforested than grows back. This is the original meaning of the word "sustainability".

7. True or false



Sources:

<https://www.projectonature.com/>

<https://naturallysustainable.global/>

Sources